

Celebrate Your Child(ren) & Family!



The Week of the Young Child is an annual event hosted by the National Association for the Education of Young Children (NAEYC) celebrating early learning, young children, their teachers, and families.

Locally, the United Way of Central Missouri's Early Childhood Initiative coordinates activities for local child care centers, homes, and families during this week. Families are invited to come together with early learning programs in fun, hands-on learning experiences. Don't forget to share the fun—use #WOYC19 on Facebook and Twitter!

Check out the [JCPS PAT Facebook page](#) and [United Way of Central Missouri Facebook page](#) for special related posts all week long.

Seussical Musical Monday (April 8):

Music Monday is more than singing and dancing, it's a way to encourage children to be active while developing their early literacy skills and having fun with friends and family! Through music, children develop math, language, and literacy skills—all while having fun and being active! Learn more about Have fun moving with a [Dr. Seuss Dance Party](#) or create some [one-of-a-kind musical instruments](#) together. For more tips on how your family can play with music and connect it to learning at home, visit <https://www.naeyc.org/our-work/families/playing-music-home>

Munch and Crunch Tasty Brunch Tuesday (April 9):

Tasty Tuesday isn't just about eating your favorite snacks together. It's also about cooking together and connecting math with literacy skills and science while introducing ways to incorporate healthy habits into children's lifestyles. Learn ways to include a toddler or preschooler in the kitchen at <https://www.naeyc.org/resources/blog/i-helped-mama-too-cooking-tiny-helper>. Find fun Dr Seuss-themed recipes that you can make together at www.seussville.com/parents/recipes.

1 Book, 2 Book, Red Book, Blue Book Wednesday (April 10):

Reading with your child is one of the best ways to help them be ready for kindergarten and set them up for lifelong learning. It's also a lot of fun! Just a couple books a night can make a big difference. Sign up for [Missouri River Regional Library's 1000 Books Before Kindergarten program](https://www.missouririverlibrary.org/1000-books-before-kindergarten) to earn fun prizes. Check out some tips for reading with your child at www.seussville.com/parents/resources/tips-for-reading-with-your-children

Dot-to-Dot & 123, Artsy Thursday for you and me! (April 11):

Children develop creativity, social skills, and fine muscles with open-ended art projects that let them make choices, use their imaginations, and create with their hands. Art doesn't have to take a long time or use fancy materials. Learn how to fit meaningful art projects into a busy day at <https://www.naeyc.org/our-work/families/meaningful-art-projects-parents-can-fit-busy-day>. For some great sensory fun, [make some Oobleck!](#)

Hip-Hip-Hooray, Work & Play, It's Family Day Friday! (April 12):

Parents and families are children's first teachers. Family Friday focuses on parent-child connections. Did you know that spending even a few minutes a day in focused, one-on-one time with your child can help reduce power struggles by up to 50%? Learn the four keys to connection at <https://consciousdiscipline.com/the-power-of-connection/>. Spend some time playing with your child this weekend...play is when children learn best! Here are some tips on how to support children's play: <https://www.naeyc.org/our-work/families/support-learning-with-play>.



Learn more fun ways to interact with your children--join Parents as Teachers.

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The Jefferson City Public Schools Parents as Teachers program offers services for families in our attendance area with children birth to age 5 and expectant parents. For more information about our services and events, visit:

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